

A Review on Indications of Makshika in Classical References of Rasa Shastra

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ABSTRACT

The study of Makshika from ancient days, in Ayurveda Samhitas Makshika described for medicinal purpose since form in 1200 years ago, Barthiya Chikitsa Shastra was also used for medicine purpose in 3200 BC years ago. In Boudda Kala the progress of Rasa Shastra, at that time the Maksika is used as medicine in various formulations, it is very useful as a medicine for Prameha and Mutra Vikaras, in Rasa Shastra Kala (time), so many types of Yogas and new characters are also explained for Makshika.

Key words: Rasa Darpana and Rasa Tarangini.

INTRODUCTION

Makshika a drug is described in many classical references of Rasa Shastra. As an ayurvedic medicine; it is available in bank of Tapi River, so it is called as Tapija. It is upadatu of loha. Swarna Makshika said to have its origin from the drops of blood falling from the injured foot lord Krishna.

Sushruta and Rudra Vagbata (Astanga sangraha, explained the maksika for Madhumeha chikitsa, (su chi 13\17-18) it contains slight gold particles, so it is like as golden colour, shining, so it is called as Swarna Makshika.

It is upadatu of swarna and loha, it contains loha, gandhaka, Tamra Makshika

dhatu usually light yellow colour, shining, reddish black colour when touching get the sulphur smell, its explanation Makshika Dhatu or Tapija called, it is Upadhatu of Swarna, when Swarna is not available in place Swarna Makshika used.

In Modern Chemistry, it is compound metals of copper, iron, sulphurate, it is called makshika, because its colour is Swarna, shining and black colour, makshika means madhu, so madhu is sara of flower that type it is sara of Tomraete, so it is upadhatu of loha or copper, so its analysis is loha and Tamra ore content, it is called as pyrite [1]. (*Rasa Darpana*)

Guna Karma of Makshika [2]

S No	Type	Varna	Guna	Rasa	Vipaka	Veerya	Doshagnata
1	Swarna	Peeta Varna	Sheeta	Madura Thikta	Katu	Sheeta	Tridoshagnata
2	Rajata	Sweta varna	Lagu	Tikta, Madura	Madhura	Ushna	Kapha Pittagna

USES of the Maksika

Diseases Name	Amayika Prayoga of Makshika
Author Name: Rasa Tarangini [3]	
Sandra Meha Roga	The bhavana with Salasaradi Ganaoktha Kashaya is triturate with Swarna Makshika Bhasma for 7-21 times
Raja Yakhma	Swarna Makshika Bhasma, Shilajitu, Abraka Bhasma and Vidanga Churna with Madu for 1 Month.
Mutra Krucha	Swarna Makshika + Yavakshara
Shotha	Punarnava + Guduchi + Shunti + Daruharidra Qwata + Swarna Makshika
Masurika	Swarna Makshika Bhasma + Kanchanara Twak Kashaya Lepa Karma
Sheeta Purvaka Vishama Jwara	Swarna Makshika Bhasma + Atisha (Athvisha) + Karanja Beeja Churna
Kaphaja Vikara, Kasa	Swarna Makshika Bhasma+Pippali Churna+ Bibitaki Churna
Rakta Pitta	Swarna Makshika Bhasma + Kajjali +Madu .
Ballya	Swarna Makshika Bhasma+ Vansa Lochana Churna 2 Months
Daruna Garbini Jwara	Swarna Makshika Bhasma+ Rasa Sindura + Abraka Bhasma + Shunti + Maricha + Pippali
Garbani Rakta Srava (Garbhashaya Srava)	1 Ratti Swarna Makshika Bhasma + Pinda Karjura
Jwara Atisara, Shula in Garbavasta Bala Veerya Vruddi Bala Pradanartha	Swarna Makshika Bhasma + Atisha + Bilva + Bala + Shunti + Jalavetasa Qwa+Ushira Qwatha. 1 Part Rasa Sindhur + 2 Parts Swarna Makshika Bhasma + Madhu Swarna Makshika with Vansalochana Churna, 2 months
Pandu Roga	Swarna Makshika+ tripala qwata
Durbalata	Swarna Makshika+Madu +Shilajatu –Kshaya
Author Name: Rasa Darpana⁴	
Shosha	Swarna Makshika + Punarnava + Guduchi + Shunti + Daruharidra Qwata
Bala Uruddi	Swarna Makshika + Madu.
Pandu, Kamala, Raktapitta,	Loha Bhasma + Swarna Makshika Bhasma
Increase the blood cells, cures Pandu Vikara Nidrakaraka	Swarna Makshika Bhasma 1 Ratti + 1\2 Ratti Kasisa Bhasma + 1\2 Manikya Bhasma + Madhu.
Pittaja Shira Shula or Amla Pitta or Pittaja Parinama Shula	Swarna Makshika basma + Anupana (Roaganusara)
Pitta Vikara or Kapha Pitta Samsargaja Vikara	Swarna Makshika Bhasma
Vata Pittaja Shira Shula	Swarna Makshika bhasma + Suta Shekara Rasa
Shiro rogas vamaana, muka tiktata, aruchi,	Swarna Makshika bhasma
Pittaja Netra roga	Swarna Makshika
Kshaya Roga (Anuloma or Prati loma), Mandha Jwara, Kasa, Rakta Pitta	Swarna Makshika 1 ratti + Swarna vasantha malati rasa 1 ratti + Pravala basma 1 ratti + Chavana prasha 1 ratti + Madhu

Nasa gata rakta srava , Brhama, Weakness	Swarna Makshika.
Jeerna Jwara, Dhatu kshaya	Swarna Makshika 2 Ratti+ Pravala Bhasma 2 Ratti +Sitopaladi Churna 1 Mashi+Madhu.
Madhatya	Swarna Makshika
Visuchika	Sutashekara Rasa+Swarna Makshika
Vata pitta janya Hrudroga	Swarna Makshika
Sheta Jwara, Pleeha Ruddi, Sarvanga Shota, Rakta Vikara	Swarna Makshika
Pandu, Kamala	Swarna Makshika 2 Rati + Mandura Bhasma 1 Ratti + Madhu or Muli Rasa.
Jeerna Jwara	Swarna Makshika 2 Ratti + Vardhamana Pippali
Nidra nasha, Pittaja unmada	Swarna Makshika 2 Ratti + jatamansi, Ushira, Akta Chandana kwata + Madhu
Anidra	Swarna Makshika 2 Ratti + Anara Rasa
Netra Daha, Raktata	Swarna Makshika + Navaneeta + Sharkara + Gulaba Jala --- Netra Purana
Vamana, Hrullasa	Swarna Makshika 1 Ratti + Badara Beeja Churna 1 Naga
Amla Pitta	Swarna Makshika 1 Ratti + Amalaki or Madhu.
Rakta Pitta	Swarna Makshika 1 Ratti + Pravala chandra puti 1ratti + Amruta satwa 3 Ratti + durva rasa or vasa rasa + madhu.
Rakta Vikara	Swarna Makshika 1 Ratti + Madhu + Maha manjistadi arka 2 Tola or Sarivadyasawa 2 Tola + Jala.
Pittaja prameha	Swarna makshika 1ratti + vanga Bhasma 1\2 ratti + amruta satwa 3 ratti + Mukta shukti pisti 1 ratti + Drakshavaleha or Sharbat
Mutra krucha	Maksika 1 ratti+ yava kshara 4 ratti + jala
Pittaja Shira shula-----	Swarna Makshika 2 r + Shukti basma 1r + Nava neeta + sharkara.
Visha vikara ---	Swarna Makshika 2 r + madhu .
Rakta arsha, Pittarsha ----	Swarna Makshika 2 r + naga keshara + teja patra + ela 2—2 ratti + madhu .
Udara roga + yakrutta,Pleha	Udara roga + yakrutta,Pleha----Swarna Makshika 1 ratti + shanka bhasma 2 ratti + muli kshara 2 ratti + gomutra .
Krimi vikara ---	Krimi vikara -----Swarna Makshika 1r + Vidanga 3 r + Tulasi rasa .
Madhatya	Swarna Makshika 1 ratti + brahmi 4ratti + kutaki , Punarnava , Amruta qwata .
Masurika	Swarna Makshika 2 r + Mukta pisti 1\2 r + Kancha nara twaka qwata .
	Qunine ----Swarna Makshika 1r + Sharkara 1 mashi + godugdha

DISCUSSION

As outlined above results from various Rasa Granthas studies indicate Swarna Makshika is better than Rajata Kmakshika. Swarna Makshika is many uses in

diseases. Possesses many qualities, including Tridoshagna, mainly kapha pitta doshagna, indication like Prameha, Mutra Vikaras, sheera shula, Rakta pitta, Dharuna, Garbini Jwara, it also have anti-

inflammatory effect, Urushya, Rasayana, shareera poshaka, Nadi Ballya, Agni Deepaka increase the Rakta Dathu. Netrya, Yogavahi, Ruchi Kara, Swarya, Anthasrava Nashaka, Kapha Pittagna, Grahi, Lagu, Rakta Sthambaka, increases the potency of Parada

CONCLUSION

Rasa Granthas are the basic literature for understand and identification of different medicinal drugs. On review of Swarna Makshika in Rasa Granthas, we find the different drugs combination with Swarna Makshika Bhasma uses in different diseases mainly in Prameha and Mutra

Vikara and properties of Swarna Makshika Bhasma.

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